Virgin Pulse team challenge



Adventure awaits!

Up for a little healthy competition? Join the challenge, join the fun.

Team challenges are a great way to get moving, see your progress, and have a blast with your colleagues. Get a team together and step it up. Accept the challenge – we know you've got it in you.





Challenge kickoff

You'll get a heads up about the challenge and a reminder to register just before kick off.

Now's a good time to prepare for your adventure!

Team up

Join a team, or create your own and be the captain (you even get naming rights!). Invite your friends to join you on your journey. Follow your rivals to fire up the competition!

Get moving and stay connected

Make sure you've got your device or mobile app connected. Then use the challenge chat to rev up your team and rack up your steps. Unlock different stages along the way, and learn a little something at each stop.

See how your team stacks up

Keep your eye on the overall challenge leaderboard to see how your team is doing against the competition and maybe even drop a little smack talk on your rivals (keep it friendly, please). **Most importantly, have fun and connect with your colleagues!**









Sign Up

Sign up for Virgin Pulse now at join.virginpulse.com/bjservices

Already a member?

View available challenges at member.virginpulse.com