# One program many devices to choose from

With Virgin Pulse, you can use a variety of trackers and apps.













## Virgin Pulse Max™ and Max Buzz™

Your Virgin Pulse activity tracker measures your daily activity including sleep. Wear it clipped to your waistband, pocket or on your wrist for the most accurate results.

## Virgin Pulse App

Our app lets you access features of your member site, sync Max<sup>™</sup> wirelessly, and track your physical activity on your iPhone, iPad, iPod Touch or Android device.

The app takes the core features of the program and puts them at your fingertips for on-the-go healthy living!



## Fitbit Family

The Fitbit tracking devices show you real-time activity stats. See your Fitbit steps in your Virgin Pulse account by pairing your accounts.



## Misfit Family

The Misfit family includes sleek, wireless activity trackers. Connect your Misfit account to sync your steps, your distance traveled, and your calories burned.



## Polar Heart Rate Monitors

Polar is the most accurate way to continuously measure your heart rate. Polar heart rate monitors measure intensity and exertion from your workouts (these devices do not measure steps).



## **Garmin Family**

Garmin tracking devices encourages you to get up and get moving. Connect your Garmin to your Virgin Pulse account and sync your steps.



#### MyFitnessPal

MyFitnessPal is a free app and website that helps you track the foods and calories you eat. Sign up and connect to track your calorie data in your Virgin Pulse account.



### Apple Watch

Apple Watch measures all the ways you move, like walking the dog, taking the stairs, or playing with your kids. It even encourages you to keep moving! Configure it to the Virgin Pulse app on your iPhone and start tracking your steps.



## Sleep Time by Azumio

Sleep Time provides insight into your sleep patterns. By tracking your level of movement throughout the night, Sleep Time generates customized sleep data in easy-to-read charts.



#### Strava

Strava uses GPS to track activities like cycling and running. Easily hook up your Strava account to Virgin Pulse, and see your activity in the Get a Workout tracker and on your Stats page. You'll get rewarded for Strava workouts of 15, 30, and 45 minutes.



## And many more

To see and connect to any of our compatible devices and apps, head to the Devices & Apps page. Click "Connect".